

Autism, Trauma & 'Behaviour'

Understanding & How to Best Support

A One Day Conference
Thursday 7th March 2024, Glasgow

Why You Can't Miss This Event:

- Learn from leading autism experts
- Gain the latest knowledge & practical strategies
- Change the way you think about trauma experienced autistic individuals
- Meet in person & networking opportunities
- Certificate of CPD
- Lunch and refreshments



#AutismTrauma24 | @MedicaCPD | www.medicacpd.com



2 Easy Ways to Book

Book online: www.medicacpd.com | Tel: 0141 638 4098

DISCOUNTS: Please contact us for information on our group booking discount for 5 or more delegates

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DID YOU KNOW?

Trauma can have a profound impact and long-term consequences for anyone who experiences it. Research has shown that autistic individuals are 3 times more likely to experience trauma than the rest of the population.

Autism & Trauma is such an interesting & important area, but it's often been overlooked, until now. Experiences in childhood such as social exclusion, bullying, physical and sexual abuse, loss of a loved one, sensory trauma, transitions & changes, or social difficulties, can have a major influence on an autistic person's learning and development.



Trauma can affect autistic individuals in many different ways and can be difficult to recognise. For example, they might become more upset, angry, or withdrawn. Unfortunately, this can often be misdiagnosed as 'challenging behaviour', leading to even more trauma and a reduction in learning opportunities. This can have a critical impact and may lead to long lasting consequences affecting both physical and mental wellbeing.

ABOUT THE CONFERENCE

We have a great day of learning for you. We're super excited with this conference as the line-up brings together Medica CPDS's all-time great autism & trauma speakers, who will update your knowledge, inspire, motivate, and challenge you!!

You'll gain a better understanding of the impact of autism, trauma, and behaviour. Most importantly we'll equip you with practical strategies & tools to help you best support the autistic children and adults you support.

CONFERENCE DETAILS

Date Thursday 7th March
Time 0925- 1545
Venue Glasgow, TBC
Fee £199 + vat

WHO SHOULD ATTEND

A "MUST" attend conference for all professionals working with autistic children and adults, including educators, social workers, youth workers, youth justice workers, police, nurses, counsellors, medical professionals, mental health practitioners, third sector, employers and all others interested are welcome to attend.



HOW TO BOOK:

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It is advisable to book ASAP as places are restricted, please ensure you read our terms and conditions on the homepage of our website & this online leaflet. Confirmation of booking and further information will be emailed to you. If you have not received it within 3 days of submitting your booking, check your junk mailbox or call us on 0141 638 4098.

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Conference Programme

0925 - 0930	Welcome & Introduction from the Conference Chair Jim Taylor , Director, Jim Taylor Knows Autism
0930 - 0945	Setting the Scene. What do we know about Trauma & Autism? - What impact does Trauma have on an autistic person? - What does trauma do to the brain? - Recognising & difficulties in recognising - Implications of trauma Dr Brodie Paterson , Consultant Psychotherapist, Expert Advisor Crisis Prevention Intervention, Honorary Senior lecturer, Queen Mary's University & Honorary Lecturer, University of Stirling.
0945 - 0950	Questions
0950 - 1040	Autism, Trauma & Sensory Sensitivities - Practical Ways to Best Support Geoff Evans , International Trainer & Consultant on Autism, and Neurodiversity
1040 - 1045	Questions
1045 - 1115	Refreshment Break
1115 - 1205	Tell me why? I don't like Mondays...Tuesdays...Wed... School avoidance or refusal is higher among autistic children, in his presentation Jim will focus on the causes, bullying & loneliness, anxiety, how can schools create a sense of belonging and provide effective interventions. Jim Taylor , Director Jim Taylor Knows Autism
1205 - 1215	Questions, discussions, and debate from the morning session
1215 - 1320	Lunch

1320 - 1325	Welcome Back from the Conference Chair Jim Taylor (as before)
1325 - 1415	Autistic Safety Autistic individuals have a higher risk of being hurt, victimised, or suppressed. In this session Luke will discuss: - Why autistic people feel unsafe and how this can lead to trauma. - The concept of micro-aggressions and how they lead to trauma - How we can reduce risk of autistic harm. Dr Luke Beardon , Senior Lecturer, Sheffield Hallam University
1415 - 1430	Fruit Juice & Stretch Break
1430 - 1520	Challenging Behaviours in Autistic individuals Challenging behaviours such as aggression, destructiveness, and self-injury take a tremendous toll on autistic individuals and those professionals that support. This session will look at the associations between trauma, challenging behaviours, and appropriate support. Dr Brodie Paterson , as before
1520 - 1525	Questions
1525 - 1545	Ask Me Anything - Panel Discussion & Debate An opportunity to discuss, debate and challenge our 4 leading experts in this field, share best practice and ask questions. Jim Taylor, Geoff Evans, Dr Brodie Paterson, Dr Luke Beardon (As Before)
1545	Conference Closing Remarks

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Registration - Book Now



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A One Day Professional Development Conference

Registration Terms & Conditions

1. Once we have received your booking online, by telephone, email or in the post, this constitutes a firm booking.
2. Your registration constitutes a legally binding agreement; payment must be received before the event unless we have a purchase order no. Any outstanding payment becomes the responsibility of the named delegate attending.
3. Cancellations must be made in writing. A refund less an administration charge of £30 + vat will be given to cancellations received before 7th January 2024. After this date the full fee is payable, regardless of if the delegate attends on the day or not. Substitutions can be made if we are notified up to 3 working days before the event.
4. The organisers reserve the right to change the programme, speakers and venue as required. In the unlikely event that we must cancel the event we will issue a refund for the registration fee. We are not responsible for any other costs incurred.
5. Data Protection: The personal data that you supply during the registration of this event will be entered into a database and used by the event organisers to manage your registration and attendance. Unless you advise to the contrary, in writing and in advance to the event organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of, the event. The personal data in the database will be retained by the event organisers, unless requested in writing, and may be used to inform you about other appropriate services and events that may be organised in the future.
6. For full terms and booking conditions & privacy policy please check the booking form & homepage of the website before submitting your registration.
7. Confirmation of booking and further information will be emailed to your registration email address. If you have not received confirmation within 3 days of submitting your booking, **please check junk mailbox** or call the Medica CPD office 0141 638 4098.

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